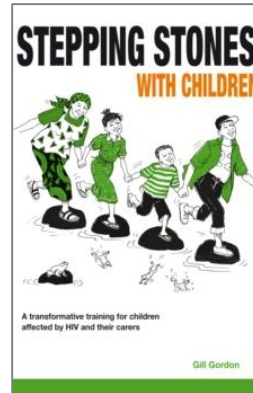


Stepping Stones with Children M&E Overview Chart



This *Stepping Stones with Children* M&E overview chart is to be used with the *Stepping Stones with Children* training package published by Practical Action Publishing, 2016.

You can download this M&E overview chart for free for use with this training package from the www.steppingstonesfeedback.org website.

On this website there are also many other resources to support you with the training package and the original *Stepping Stones* training manual.

Stepping Stones and *Stepping Stones Plus* as well as *Stepping Stones with Children* are both programmes created and supported by Salamander Trust, www.salamandertrust.net

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TRANSFORMING THE WAY WE THINK ABOUT HIV



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This chart sets out the project's outcomes and indicators in relation to the monitoring and evaluation (M&E) methods we have used. The square brackets indicate the type of question: [A] means it's an agree/disagree question, [F] is for a frequency (or 'how often') question, [S] is an 'out of 5' score, [+] is where the answer is a number and [Y/N] is a factual question with a yes/no/not sure answer.

Monitoring indicators	Method
Participants' commitment to the process	Attendance records from Facilitators' Journals, and participants' plans at midline Activity 5c) to attend the remaining sessions.
Participants' engagement with process	Score out of 5 in Facilitators' Journals for each participant's engagement.
Participants' evaluation of each session	3 participants score each session for content, activity and timing; recorded in Facilitators' Journal.
Facilitators' observations and thoughts	Recorded in Journal, including what they might do differently when next running the session.

Evaluation outcomes & indicators	Method	Children's questionnaire	Caregivers' questionnaire
Outcome 1: Increased number of children and caregivers living with/affected by HIV better able to live happy, healthy and safe lives			
1. Better relationships between caregivers and children involved in the project from caregivers' perspective and children's perspective			
Children and caregivers feel better able to express themselves to each other	All 3 questionnaires	[A] I can talk to my caregiver about anything [S] Out of 5, how well does your caregiver listen to you?	[A] I can talk to my child about anything [S] Out of 5, how well does your child listen to you?
Shift in caregivers' and children's understanding of effective ways to discipline children	All 3 questionnaires	[A] Adults need to use physical punishment (e.g. to hit children) to train children to behave	
Caregivers and children report increase in positive discipline and decline in punishment	All 3 questionnaires	[F] My caregiver punishes me physically e.g. hits me. [F] When I behave badly my caregiver discusses what has happened with me.	[F] I use physical punishment such as hitting to train my child [F] When my child behaves badly I discuss with them what has happened.



Evaluation outcomes & indicators	Method	Children's questionnaire	Caregivers' questionnaire
	'Hands up' in Exercise 9.3 and Endline questionnaire	[+] How many times has your caregiver physically punished you in the past week?	[+] How many times have you physically punished your child in the past week?
	Capture Exercise 9.4's 'we' statements then get feedback from Follow up activity 4)		
	Follow up Exercise 5)		
Caregivers and children report improvement in feelings towards each other	All 3 questionnaires Follow up Exercise 5)	[F] My caregiver treats me with respect [F] I treat my caregiver with respect [F] My caregiver shows their love for me	[F] My child treats me with respect [F] I treat my child with respect [F] My child shows their love for me
Caregivers and children rate their relationship more highly	All 3 questionnaires	[S] Out of 5, how do you rate your relationship with your caregiver?	[S] Out of 5, how do you rate your relationship with your child?
Children and caregivers report better communication skills	All 3 questionnaires	[F] My caregiver says positive things to me [F] If something is worrying me, I talk to my caregiver about it	[F] I say positive things to my child [F] If something is worrying my child they tell me
Children and caregivers report behaving more assertively	'Hands up' in Exercise 6.2, repeated at Midline Activity 2)		
2. Caregivers feel more confident to support the children in their care			
Caregivers express more confidence regarding how they feel about supporting the children in their care	All 3 questionnaires to caregivers Follow up activity 5)		[S] Out of 5, how confident do you feel about giving the children in your care emotional support? [S] Out of 5, how confident do you feel about giving the children in your care material support? [A] If my child was being bullied I would be able to help them deal with it
Caregivers (and children) demonstrate better knowledge	All 3 questionnaires	[A] When a friend is upset or angry, it is best to ignore them.	[A] When a child is upset or angry, it is best to ignore them.
Caregivers report better practice	All 3 questionnaires to caregivers		[A] When my child is upset, my support helps them to calm down.

Evaluation outcomes & indicators	Method	Children's questionnaire	Caregivers' questionnaire
Caregivers more willing to be honest with children	All 3 questionnaires to caregivers		[A] It is good to tell children the truth about the death of a loved one.
Caregivers (and children) less fearful of contact with child with HIV	'Hands up' in 14.3 and Endline questionnaire	[S] Out of 5, how safe would you feel if you were living with someone with HIV?	
3. Happier children and caregivers			
Children and caregivers report increased sense of happiness	All 3 questionnaires	[S] Out of 5, how happy do you generally feel?	
Children and caregivers report a greater sense of self worth	All 3 questionnaires	[F] I feel good about myself.	
Children and caregivers more optimistic and positive about their future	All 3 questionnaires	[A] I believe in my dreams for my future [A] I do things to reach my dreams for my future	
Children feel more confident to exert their own power over lives	All 3 questionnaires to children	[S] Out of 5, how much influence do you think you have on your own life? [A] When things go wrong in my life, there's nothing I can do	
Higher frequency of school attendance	Base and endline questionnaires	[F] Do you go to school?	

Evaluation outcomes & indicators	Method	Children's questionnaire	Caregivers' questionnaire
4. Healthier children and caregivers			
Children and caregivers report better adherence to medication	'Hands up's in Exercise 14.7 and endline questionnaire	[+] If you have medicine to take every day, how many days out of the last seven did you take your medicine in the correct amount and at the times you are instructed to take it? [S] Out of 5, how well do you usually manage taking medicine?	
Children and caregivers health indicates better adherence to medication	Clinical monitoring of height, weight, reported drug adherence and CD4 count.		
Less reported sickness among the children	Baseline and endline questionnaires	[F] How often have you been unwell during the last 2 months?	[F] How often has your child been unwell during the last 2 months?
Change in attitude towards seeing the benefit of knowing HIV status	All 3 questionnaires	[A] If someone has HIV it's better that they don't know	
Caregivers share HIV information including HIV status with their child	All 3 questionnaires for caregivers (not asked of children due to sensitivity)		[Y/N] Have you talked about HIV with your child? [Y/N] Do you know your HIV status (you've had a test and know the result)? [Y/N] Does your child know your HIV status? [Y/N] Do you know your child's HIV status (they've had a test and you know the result)? [Y/N] Does your child know their own HIV status?
Children express more confidence about puberty	Baseline and endline questionnaires	[A] I know about puberty and am ready for the changes it brings	
Older children and caregivers show improved SRH knowledge	Older children and caregivers' questionnaires, and latter 3 Qs not asked at midline	[Y/N] Can HIV be passed from the sweat of someone who has HIV? [Y/N] Can a woman who has HIV give birth to a baby that does not have HIV? [Y/N] Does treatment for HIV still work well if someone stops taking it for a while? [Y/N] Does using two condoms at the same time during sex give double protection? [Y/N] Can a girl get pregnant if she has sex before her first period? [Y/N] Are the health risks of being pregnant and giving birth the same for all ages of girls	

Evaluation outcomes & indicators	Method	Children's questionnaire	Caregivers' questionnaire
		and young women?	
Use of alcohol and other drugs	Follow up activities 4) and 5)		
5. Safer children			
Children express greater feeling of safety	All 3 questionnaires for children	[F] I feel safe in the house where I live. [F] I feel safe in my school. [F] I feel safe in my community.	
More knowledge and confidence to take action to prevent sexual abuse	Follow up activities 4) and 5)		
Decrease in children's exposure to porn	Hands up in Session 22.2 and Endline questionnaire	[+] How many times have you watched porn in the past month?	
Change in attitudes and behaviour towards protecting children from exposure to porn	Older children and caregivers' hands up in Session 22.2 & endline questionnaire	[S] Out of 5, how much does your caregiver do to try to protect you from porn?	[S] Out of 5, how much do you do to try to protect your child from porn?
		[Y/N] There is nothing wrong with children watching porn because sex is a normal part of life. [Y/N] It's impossible to stop children from watching porn because it's everywhere.	
Change in attitudes towards use of condoms	Older children and caregivers' baseline and endline questionnaires	[A] I will use condoms at some points in my life.	
Change in attitudes towards early sex, forced sex, early marriage and early pregnancy	Older children and caregivers' baseline and endline questionnaires	[A] When children's bodies change during puberty it shows that they are ready to have sex. [A] It's best that girls get married and have children when they are young and healthy. [A] Men sometimes need to pressure girls to have sex because girls can be shy.	
Change in ability to manage sexual feelings safely, to set boundaries, to say 'no' to sex	Follow up activities 4) and 5)		

Evaluation outcomes & indicators	Method	Children's questionnaire	Caregivers' questionnaire
Outcome 2: More accessible, child-friendly HIV services for children aged 5-14 years and their caregivers			
1. More caregivers and children are using HIV-related services			
Change in reported use of HIV-related services by participants	'Hands up' in Exercise 15.2 and endline Activity 3)		
Change in attendance at HIV-related services by participants	PASADA clinical records		
2. More caregivers and children would feel comfortable using HIV-related services again			
Change in participants' perceptions about the staff and the services	All 3 questionnaires	[A] I like the staff at the health clinic. [A] The staff at the clinic want to help me to be healthy.	[S] Out of 5 what score do you give the clinic that you use for HIV-related services? [S] Out of 5, how comfortable do you feel using HIV-related services?
3. Perceived availability and quality of services			
Scores given by participants	Exercise 15.2 step 4 (<u>note</u> : exclude health staff from analysis as they won't be at endline) and endline Activity 3).		
4. Changes to how services are run			
Progress with regard to the children's requests to health workers	Children's statements to health workers and to caregivers in Exercise 15.5 recorded in Journal, then at endline Activity 3e) reflect on progress.		
Progress with regard to the actions jointly identified to improve services	Actions identified in Exercise 15.8 recorded in Journal, then at endline Activity 3f) reflect on progress.		

Evaluation outcomes & indicators	Method	Children's questionnaire	Caregivers' questionnaire
Outcome 3: An increase in community support for children and household members living with/affected by HIV			
1. More people supporting caregivers and children affected by HIV			
Children and caregivers report bigger social networks of people who support them	In Exercise 1.8 participants identify who they <i>might</i> turn to with regard to specific problems and who they <i>have</i> turned to; repeat with who they <i>have</i> turned to at follow up Activity 3).		
	'Hands up' in Exercise 10.5 to show how many different people care about you, repeated in Activity 3) of follow up.		
2. More caregivers and children feeling more loved, accepted and supported by the community in general			
Improvement in participants' feelings about feeling accepted	All 3 questionnaires Follow up activities 4 & 5)	[A] I feel I belong to my community.	
Improvement in participants' experience of being stigmatised and supported	All 3 questionnaires and follow up Activities 4) & 5)	[F] I get bullied by other children.	[F] My family experiences stigma about HIV.
		[F] I get support from people who are not in my family.	[F] My family gets support from people outside of our family.
		[A] I have people I can rely on to help me	
Other indicators			
More gender equitable attitudes	All 3 questionnaires	5-8s: [A] Girls should go to school as much as boys. [A] Boys are better at making decisions than girls. 9-14s: [A] It's OK for a boy or man to beat a girl or woman because she needs to know who is in charge. [A] When money is scarce, boys should go to school rather than girls. [A] Men and women should share decisions about how to spend money. [A] Boys and men should protect their	[A] It's OK for a boy or man to beat a girl or woman because she needs to know who is in charge. [A] When money is scarce, boys should go to school rather than girls. [A] Men and women should share decisions about how to spend money. [A] Boys and men should protect their sexual partners by using condoms.

Evaluation outcomes & indicators	Method	Children's questionnaire	Caregivers' questionnaire
		sexual partners by using condoms.	
Progress with regard to participants' hoped for changes	Midline Activity 4), endline Activity 4), follow up Activity 4)		
Participants' stories of change	Follow up Activity 5)		
Participants' plans for the future	Endline Activity 6) and follow up Activity 6)		
Whether sessions meet participants' hopes and allay their fears	Exercise 1.2, midline Activities 3) & 5e), and endline Activity 2)		
Participants' perceptions of the workshops	Midline and endline questionnaires	[F] I learned new things in the Stepping Stones with Children sessions. [F] The sessions were useful to me. [A] Attending these Stepping Stones with Children sessions will not make any difference to my life. [A] I feel that the sessions have helped me. [A] I feel that the sessions have helped my relationship with my child/caregiver. [A] I feel that the sessions took too much time. [A] I would recommend Stepping Stones with Children to other people.	
Dissemination of <i>Stepping Stones with Children</i> ideas beyond participants	Midline and endline questionnaires	[F] I have talked about the sessions with people who didn't come to them.	