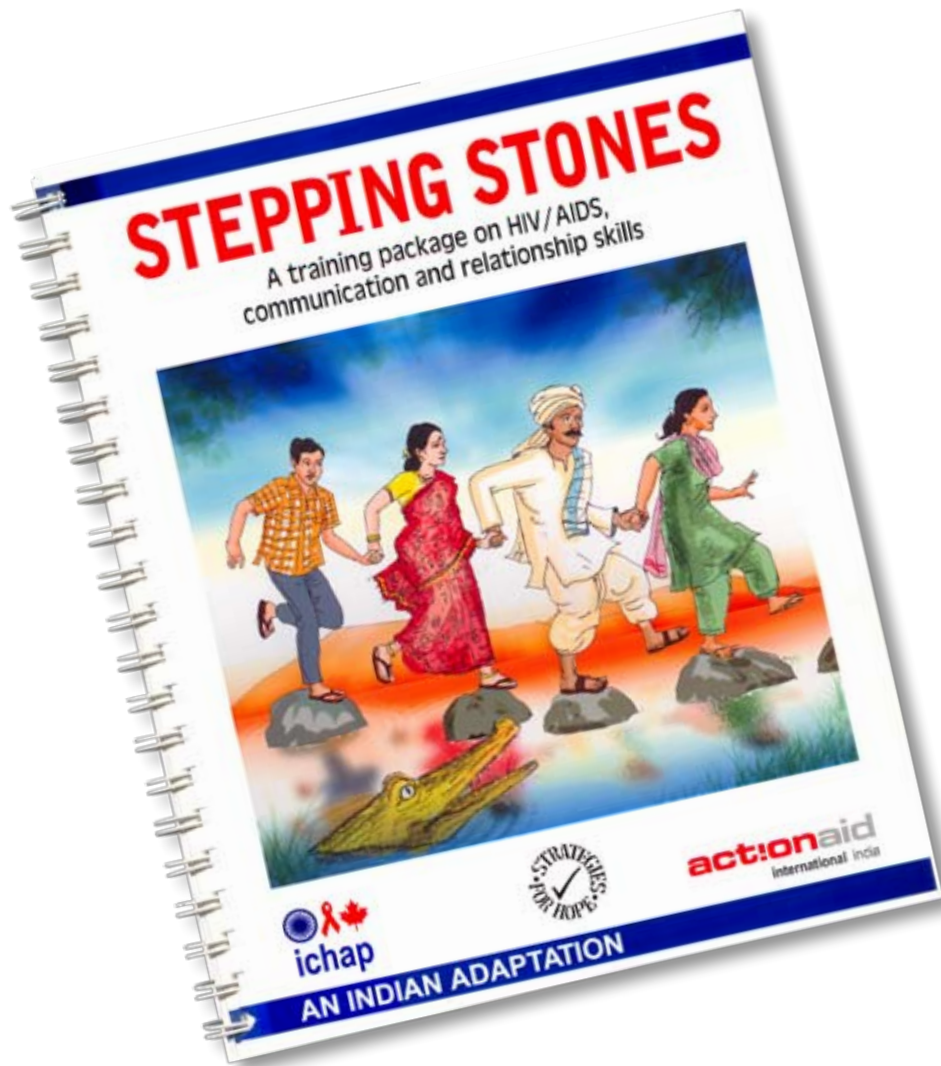




Tentative Schedule for Training of Trainers on Stepping Stones



Day 1

- ❖ Registration
- ❖ Welcome by KHPT
- ❖ Introduction of the event, facilitators and Participants
- ❖ First Open Community Meeting
- ❖ Introduction of SS
- ❖ SS Basic principles, approach themes
- ❖ Structure of the SS TOT
- ❖ Ground rules

Session A

Objective: To help participants develop skills of listening and analysis of communication and cooperation

- A.1 Adjectival Names
- A.2 Hopes and Fears
- A.3 Ground rules, Monitoring, Reporting and Evaluation team formation
- A.4 Trust and Confidentiality
- A.5 The Straight Line
- A.6 A Knotty Problem
- A.7 Listening pairs
- A.8 Body Language
- A.9 Hand in Hand

Day -2

Session B

Sharing and Reporting of the previous day program

Objective: To help the participants recognise how much perceptions influence our judgements of others and ourselves

- B1 Mime the lie
- B2 Fixed Positions
- B3 Ideal images and Persona Destroyers
- B4 Pass the picture
- B5 Closing circle and local song

Day 3

Session C

To explore what we look for and expect to give in love

- C.1 Fruit Salad
- C.2 What is Love?
- C.3 Loving and Non Loving Relationship
- C.4 Sitting on Knees

First Full Workshop Meeting

Day 4

Session D

Objective: To introduce the groups to humanbody, reproductive health and sex

- D.1 Touch Something Blue
- D.2 Body Mapping
- D.3 Language of Sex
- D.4 Images of Sex Joys and Sorrows of Sex
- D.5 Priotitisation

Day 5

Second Full Workshop Meeting

Session E

- E 1 Muddling Message
- E 2 Taking Risks
- E 3 The Hidden Danger Game
- E 4 Facts and Feelings about HIV/STI
- E 6 Folding Paper Game
- E 7 Safer Sex
- E 8 Condoms
- E.9 Peacock and Owl

Day 6

Session F

To study why we behave the way we do

- F.1 Jungle
- F.2 Sexual Encounters
- F.3 Why do we Behave As We Do?
- F.4 Violence
- F.5 When Men Get Violent
- F.6 Hand Push

Day 7

Session G

Objective: To analyse our own behaviour and take responsibility

- G.1 Testing the Water
 - G.2 Whose Responsibility?
 - G.3 Taking Responsibility
 - G.4 Happy Song and Closing Circle
- Film on Stepping Stone

Third Full Workshop Meeting

Day 8

Session H

Let's support ourselves to find new skills to change the ways in which we behave

- H.1 Oh Geeta
- H.2 Attack and Aviod
- H.3 About Assertiveness
- H.4 Opening a Fist
- H.5 I statements
- H.6 Closing circle

Day 9

Session I

To develop more assertive skills

- I.1 Tugs of War and Peace
- I.2 Saying No
- I.3 Asking for what we want
- I.4 Sextual Encounters Revisited

- I.5 Closing Circle
 - J.1 To develop understanding between partners
 - J.2 I'm going on a Trip
 - J.3 The Long Journey
 - J.4 The Trust Game
 - J.5 Coping with HIV and AIDS
- Closing circle

Day 10

- K.1 River of My Life
- K.2 The Special Request
- K.3 Preparation for Discussion
- K.4 Rehearsal of the Special Request
- K.5 Spiders Web

Day 11

- L.1 Final Open Community Meeting
- L.2 Workshop expectations Review
- L.3 Preparation for Mock session
- L.4 Mental Gifts

Day 12

- M.1 Mock sessions by participants.

Day 13

- N.1 M & E Formats
- N.2 Rollout training to link workers
- N.3 Field implementation
- N.4 Valedictory programme