

STEPPING STONES – LIST of SURVEYS and REPORTS to 2006

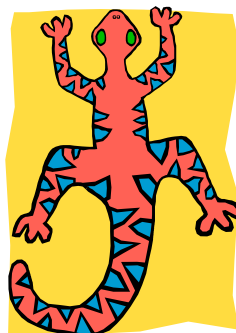
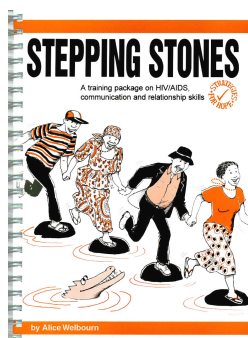
AND SOME QUOTES FROM STEPPING STONES USERS FROM AROUND THE WORLD

**Some brief notes prepared for the UNAIDS pre-think-
tank meeting on Evaluation Strategies for Prevention
Interventions
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www.steppingstonesfeedback.org

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**“Stepping Stones” 1995 pub Strategies for Hope,
Oxford**



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This is an extract from: “Evaluating Stepping Stones” by Dr Tina Wallace, commissioned by ActionAid International 2006

It can be accessed in full on www.steppingstonesfeedback.org

Appendix 2

Documents consulted

A. Evaluations documented for SS and who undertook them

Nov 1977 SS TAP, feedback from users Andrea Cornwall, IDS, Sussex and SS trainer, for Stepping Stones TAP. 691 users contacted

1998 Participatory review of SS in Tanzania SS TAP staff and 16 SS users (NGOs)

1998 Participatory review of SS in Uganda SS TAP organised a participatory review of users at different levels

1999 SS: pilot programme evaluation. Zambezia, AA Mozambique, SCF UK, UNICEF Mozambique

2000 Review and evaluation of the SS participatory HIV I.Moyo, L. Malamane, M.Kesby (independent education project run by Umzingware Aids Network consultant from University of Fife), I. Tarengwa, in Irisvale resettlement Area, Zimbabwe E Chtoni. Funded by ActionAid and Umzingware

2000 A proposed article for DIP, Oxfam: SS- a P. Bhattacharjee, India. participatory tool to integrate gender into HIV/AIDS work

2000 Adaptation workshop on SS ActionAid India, facilitated by P. Bhattacharjee

2001 Results from Irisvale, Zimbabwe M.Kesby et al

2001 SS life skills and sexual well-being, a desk based Gill Gordon and Alice Welbourn (author of SS). Funded review: an examination of this training package, by USAID and IGWG highlighting male involvement

2001 Kisumu workshop on SS Chris Ouma and Joyce Waititu, AA Kenya

2001 Experiences with Stepping Stones in the Volta region, Tuen Bousema, Stichting Katholieke Noden (Holland) Ghana in collaboration with AA Ghana

2002 Review in Kenya, AA, done by staff from other Still trying to track this one down EA countries

2002 Before we were sleeping, now we are awake: MRC in the Gambia, LSHTM, National Aids Secretariat preliminary evaluation of SS sexual health programme in Matthew Shaw also wrote about this experience in the Gambia in "Realizing Rights"

2002 Review of Kivuko, the Swahili version of SS AA Tanzania, Baron Oron, freelance consultant from Uganda

2002 Voice from the field, quarterly newsletters on SS Estamos, Mozambique

2003 Responding to HIV and AIDS: Tanzania ACORD, HASAP, Tanzania.

2003 Promotion of SS methodology in AIDS related Family AIDS Caring Trust, Zimbabwe, for SIPAA, behaviour change communication in southern AFRICA ActionAid International

2003 Institutional visit (monitoring) FACT visit to 4 southern African countries and key implementing partners

? Gender, sex and HIV: preliminary results of SS work ACORD, Angela H. currently underway in Angola, Tanzania, Uganda

2003 6 month report: progress report Report to American Jewish World Service, from Pro-link, Ghana

2003 Education and HIV/AIDS: a sourcebook of HIV/AIDS Alexandria Valerio and Don Bundy for World Bank/BRD prevention programmes

2003 Increasing men's involvement in reproductive health: Sundari Ravindran, WCHP, Public Health Department experiences of Women Centred Health Project of Municipal Corporation of Greater Mumbai, Society (WCHP), Mumbai. for Health Alternatives and Royal Tropical Institute, KIT, Holland

2004 Evaluation of the SS training for HIV/AIDS prevention Prescilla Latinga, for AAI Malawi among primary school teachers

2004 Comic relief; application to Africa grants programme ACORD in Tanzania, Angola and Uganda.on integrating gender into community based HIV and AIDS responses

2004 SS review, Zambia W. Bowa, CHEP

2004 Samvaad: Report of the National Sharing Workshop ActionAid India

on Stepping Stones

2005 SS final summary report to the Board, Zambia W. Bowa, CHEP

2005 Support to International Partnership against Aids Tina Wallace, funded by SIPAA. SS formed a small element in this 10 country review process in Africa: Overview report of participatory review

2005 Review of HIV/AIDS, Tanzania, newsletter ACORD/HASAP

2005 SS review report, Harar, Ethiopia; Monitoring and Both by P. Bhattacharjee and A. Costigan, for SCF UK evaluation framework for projects implementing Stepping Stones

2005 Review in the Gambia (not yet available) James Allen, Concern james.allen@concern-universal.org

2005 Overview on HIV/AIDS work globally Christian Aid, HIV Unit annual report

? Facilitation of SS for Women Centred Health Project, P. Bhatteejee facilitated TOT for WCHP, India Gujarat

2006 A cluster randomised controlled trial to determine the effectiveness of Stepping Stones in preventing HIV infections and promoting safer sexual behaviour amongst youth in the rural Eastern Cape, South Africa. Rachel Jewkes and a research team (Nduna M, Levin J, Jama N, Dunkle K, Khuzwayo N, Koss M, Puren A, Wood K, Duvvury N) from MRC, Pretoria. Independent research study trial design, methods and baseline findings, Tropical Medicine and International Health

2006 The impact of Stepping Stones BCC package on the people of Buwenda Sub County, Uganda (a revisit to the SS pilot village in Uganda). Baron Oron, freelance consultant and member of EA Network of SS trainers, and original member of Uganda SS team in 1995.

B. Other written resources

1. Reviews of Strategies for Hope booklets, 1989-2000 undertaken for SFH by Tina Wallace and Jennifer Chapman, with a summary by Susan Holden. Summary of overall learning from SFH available on AAI website under the title 'Inform, inspire, encourage' by Tina Wallace

2. 9 country review reports carried out for the SIPAA review in 2005, for AAI regional office, Nairobi. These are summarised in an overview report by Tina Wallace, 2005, available from AAI.

3. SIPAA notes on meetings with FACT who carried out extensive preparatory work on Stepping Stones for the SIPAA project in 2003, although their work was not in the end funded under the

DFID grant.

4. Mid term review by DFID consultants for SIPAA 2003. This is the document that queried the role of SS in the SIPAA project, which led to it being cut from the SIPAA programme and from DFID funding more widely.

5. STAR guidelines: AAI has combined SS with Reflect to form a new approach, called STAR, 2005

6. J. Pulerwitz (Population Council) and G. Barker for PROMUNDO, Measuring equitable gender norms for HIV/STI and violence prevention with young men: development of the GEM scale. (no date provided)

7. HIV/AIDS: the global tsunami – can participatory approaches stem the tide? Alice Welbourn, 2006, unpublished paper

8. Family Health International website: behaviour surveillance survey data (BSS) listed for several countries, from 1999 onwards, providing a baseline against which to measure behaviour change

9. VSO, 2004, HIV/AIDS and disability workshop in Namibia.

10. Mike Kesby, 'Re-theorising empowerment through participation as a performance in space: beyond a theory of tyranny to a transformative praxis' Development and Change (School of Geography, University of St Andrews, Fife, Scotland KY16 9AL mike.kesby@st-and.ac.uk)

11. Discussions with Christian Aid consultant/reviewer who is currently looking at HIV/AIDS prevention methodologies and evaluations within CA's work

12. Paxton S. (2002) The Impact of Utilizing HIV-Positive Speakers in AIDS Education. AIDS Education & Prevention 14(4): 282-94;
Paxton S. (2002) The Paradox of Public HIV Disclosure. AIDS Care 14(4): 559-67 . Also

'Lifting the Burden of Secrecy - A Manual for HIV-Positive People Who Want to Speak Out in Public', available from www.gnpplus.net/regions/asiapac.html

13. Relevant books on evaluation including Chris Roche (1999), Impact assessment for development agencies: learning to value change. Oxford, Oxfam; Alan Thomas, Joanna Chataway and Marc Wuyts (1998), Finding out fast: investigative skills for policy and development. London, Sage and Open University; Basil Cracknell (2000), Evaluating development aid: issues problems and solutions. London, Sage.

SOME QUOTES FROM STEPPING STONES USERS FROM AROUND THE WORLD

This is an extract from: “Evaluating Stepping Stones” by Dr Tina Wallace, commissioned by ActionAid International 2006

“Evaluating Stepping Stones” can be accessed www.actionaid.org and

APPENDIX 3

Quotes on the power of SS: two examples of a wealth of similar feedback and comment

From Susan Amoaten, Regional HIV Adviser, Concern Worldwide, Maputo, Mozambique:

ESTAMOS has found SS to be a strong behaviour change communication (BCC) tool. Men and women participated in separate groups weekly over a three month period but were brought together on occasions to discuss what they had been learning and discussing in their groups. Couples were encouraged to participate in SS at the same time. The impact on behaviour change, attitude change and communication between men and women has been remarkable. Sexually transmitted infections (STIs) have been reduced in the home, and greater open communication exists between couples about condom usage. In addition, one of the most positive impacts according to couples is greater marital harmony in the home and shared financial management. Many men stated that in the past they thought ‘their wives were nothing,’ but they came to realise that she is a person who can contribute her ideas, and manage money. So this is one initiative that is tackling the issue of Women and HIV but by bringing men and women along together instead of separately.’

In Angola our HIV adviser, Thomas Damaso, adapted Stepping Stones to help raise the level of knowledge of HIV issues from a broad perspective with staff who have little HIV background. We have found Stepping stones invaluable as a method of raising HIV issues in a way that is non-threatening, non-judgemental and helps address issues of power and stigma at the same time.

From Dr. Ninfa Leon Jimenez, National Council of Women, Quito, Ecuador, after an introductory workshop to develop Paso a Paso, a Latin American version of SS:

I would like to share with you the learning that the workshop Paso a Paso left to me, since I think that it has been one of the most

interesting experiences I have ever had.

During the three days of the workshop I felt really involved with the other members of my group and with myself in a very deep dimension. It was not a rational but an emotional and spiritual involvement that changed my perception about me and my life in different ways. First, as a woman, I felt more confident with myself, a feeling of ownership of my sexuality developed and many fears disappeared. I felt I had the right to feel pleasure and to look for it. Secondly, as a doctor and a professional, I could see clearly the link between gender and health. Till this moment my understanding of that connection was rational, but while I experienced the different activities of the workshop and I heard the testimonies of other women that came from different backgrounds and experiences, I understood how gender inequalities operate in sexuality and determine women's vulnerability, particularly for HIV and ITS. I learned that HIV positive women are the extreme expression of gender inequities in sexuality and health. Thirdly, as a mother of three adolescents, I learned that the best way I could help them to prevent HIV infection was promoting their empowerment and autonomy.

Fourthly, as a consequence of the whole experience, I developed a personal commitment with HIV prevention, and HIV positive women. For the first time in my life I felt the importance of devoting my energy and knowledge for others benefit. All these experiences and feelings changed my life. I think that in the future, I will try to contribute, from any position I have, to change the perception society has of HIV-AIDS, of the persons living with HIV, particularly women, and to rethink the way all of us live sexuality.

Since Paso a Paso can help to introduce important changes in people's behaviors, I will like you to share my impressions with persons that can contribute to the dissemination of this methodology.

Other Testimonies and Quotes

(from www.steppingstonesfeedback.org)

Many trainers and facilitators have also spoken about the impact of Stepping Stones that they have witnessed first hand, both upon participants and upon themselves. Others have spoken of new insights and understanding gained. Some examples are provided below:

*According to my observations, there are changes of behaviour, attitude and awareness, especially with the youth, towards safer sex, with an increase in use of and demand for condoms to avoid infections (Key informant, **MRC programme, the Gambia**)*

*“Before we were sleeping but now we are awake” (Participant, MRC programme, the **Gambia**)*

*I have seen conservative, authoritarian men of the armed forces (Uganda) mellow down to pleasant smiling change agents within a period of only seven days in Stepping Stones training programmes (ActionAid Soroti 2001). This is not solely the responsibility of the facilitators but also the dynamics within the peer group.” (Baron Oron, **Trainer, Uganda**)*

*Men have realised that their wives are partners to them and not slaves.” (Baron Oron, **Trainer, Uganda**)*

The training is like cultivating a field. You look after it well and it will always be there for future generations to draw benefit from.

*“I woke up after I joined Stepping Stones” (Participant, **South Africa**)*

EXTRACTS FROM “EVALUATION OF THE PILOT Stepping Stones PROGRAMME, FIJI”, PRHP 2007 (also on www.steppingstonesfeedback.org)

Before SS boys and girls in my village didn't really talk closely. If the boys did talk with us it would be about rude stuff or trying to get us to sleep with them. The 6 weeks we spent doing SS brought the boys and girls together. I think we are more like friends now and they don't seem to always call rude things out to us. I think SS made them see us more as people rather than just girls to have sex with.

(excerpt from interview with female SS client, Fiji) PHRP Fiji Stepping Stones Evaluation 2007.

“The girls and boys in Sasa didn't really know each other very well. SS brought us together. I got to understand the girls in my village more and also

after the training we would sit around and drink grog and really talk about important things like how we feel when people treat us badly”

Source: excerpt from interview with male SS client

..upon completion of SS young men and women established a ‘Youth Council’ to advocate on behalf of the youth in Sasa. This youth council, currently running in Sasa has been given the opportunity by community elders to present key issues affecting youth in the village at each fortnightly community meeting. The Youth Council has already expressed their concerns regarding alcohol use in the community and has asked that no drunken behaviour be allowed in the village. Sasa community members are no longer allowed to roam around the village drunk or drink ‘heavily’ inside the village. If someone does return to the village drunk they are made to go straight to their house and stay out of the way of women, youth and children.

(excerpt from text, PHRP Fiji Stepping Stones Evaluation 2007.

“Didn’t have many people in the village (apart from my mother) that I could share secrets with... After going through the training with them women I have much more friends and feel close to more women in my village.”

Source: excerpt from interview with female SS client, Fiji

I didn’t and the women in my village didn’t really ask for things from our village headmen. I didn’t think it was the woman’s place to do this. After finishing SS and having the special requests I am much more confident to ask for things to happen in my village.

Source: excerpt from interview with female SS client, Fiji.

“[Before] I didn’t know that much about HIV and about how it is transmitted... After SS I know a lot more about HIV and also about condoms and how to use them and where to get them from.”

Source: excerpt from interview with male SS client

“[Before] I didn’t think HIV was something that I needed to think about. I didn’t know much about it and had no interest in learning about it... After SS I know much more about HIV and also think it is important to know about it. Even if you don’t have HIV it is good to know about it so that you can help and understand people who do have HIV.”

Source: excerpt from interview with female SS client

“[Before] My husband never cared about women’s sicknesses. If I had a stomach ache and he wanted sex he would just have it... [After] now my

husband tries to understand me as a woman. He talks to me more about women's sickness and if I don't feel like sex he is more understanding."

Source: excerpt from interview with female SS client

"[Before] our village never spoke about sex especially about sex and youth even though the youth in our village do have sex. We use to pretend it didn't happen...After SS the women got to show their dramas to the village and we have even had a film made in our village about SS. Our village headmen are proud our village was chosen to be on TV and they are much more open to talk about sex and HIV.

Source: excerpt from interview with female SS client

"[Before] I didn't talk about sex with my girlfriend... [After] my girlfriend went to the girls SS training. Now we both talk more openly with each other. We both speak about the importance of only one sexual partner."

Source: excerpt from interview with male SS client

My husband left me and my daughter two years ago and does not pay child support. Before SS I was not able to insist on being treated a certain way.... After Stepping Stones I am much more assertive... I am going to court next month to make my husband pay child support. If he doesn't pay it he will go to jail".

Source: excerpt from interview with SS implementer – 'best' MSC story – Kelera Vauvau

"[Before] I thought I wasn't good enough to be a role model in my community – especially since my husband left me and I am now a single mother...[After] Even though I am a single mother I have a lot to teach other young women in my village and they know they can come to me and ask me for advice."

Source: excerpt from interview with SS implementer – 'best' MSC story – Kelera Vauvau

All these quotes and more can be found on
www.steppingstonesfeedback.org