

Stepping Stones with Children Questionnaire for 5 - 8s

To be used at *ENDLINE*, after completing Part 2



Completed by _____ with the
 Girls or Boys (*please tick which*) in the 5-8 year old peer group in
_____ community on _____ 201__

STEPPING STONES WITH CHILDREN



A transformative training for children
affected by HIV and their caregivers

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Stepping Stones with Children was created by Salamander Trust with PASADA,
funded by Comic Relief.

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Materials needed:

- enough blindfolds (strips of cloth) for one for each participant;
- one facilitator and two assistants, each with a copy of this document.

Preparation

Decide which assistant will record the girls' answers and which will write down the boys' answers. *They should tick the girls or boys box (above) on their copy of this document.*

For each question the assistant's task is to write down the number of fingers shown by each girl or boy, for example, the list for seven boys might be 4 2 5 4 2 2 3. They should do this silently, then signal to the facilitator when they have finished by raising their hand.

If the number of participants changes, assistants should make a note of this. For example, if a girl feels ill and misses questions 23 to 33, the assistant who is recording the girls' answers should note this on their document.

If a child doesn't understand how to answer, or is too ill to answer, make a note about this and either don't include their answers, or circle their answer each time.

Directions

First, ask each assistant to add up how many girls or boys are present and record the number here:

Number of girls:	Number of boys:
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- 1) Explain *"I am going to ask you all the questions that we've asked before, as a way of trying to find out if the workshop has worked well or not. We will let you know the results at our follow-up meeting."*
- 2) Explain that the children won't need to do any reading or writing. They will show their answers using the fingers on their hands.
- 3) If necessary remind them how to do it. Say *"Let me give you an example. I will read a statement, and want you to show me how much you agree or disagree, using the five fingers on one hand."* Show your fingers as you say

*"If you strongly disagree, show 1 finger,
If you disagree, but not strongly, show 2 fingers,
If you're not sure how you feel, show 3 fingers,
If you agree show 4 fingers,
And if you strongly agree show all 5."*

Check if all the children have understood, for example, by showing the fingers from 1 to 5 and asking what each means. Ask everyone to try it out by asking them to respond to statements such as 'Mango is a very delicious fruit' or 'Dancing is more fun than football'. Check that the fingers they are showing match how they feel about the statement.

- 4) Check if they are happy to use the same method as before for privacy (either blindfold or facing outwards).

- 5) Explain that when they are asked questions about their caregiver they should think of the caregiver who is at the workshop, not any other caregivers they may have.
- 6) Ask the participants either to put on their blindfolds or to sit in the circle. Ask them to sit so that girls are all on one side and boys are all on the other side – this will make it much easier for the assistants to record the answers.
- 7) Read out each question clearly, and ask the children to put their hands up as quickly as they can. Other tips are:
 - Try to keep a fast pace, to keep their attention;
 - Ask everyone to raise their hand for every question;
 - If needed, give clarification, but don't get into discussion;
 - Don't say anything about the answers they are giving;
 - Take a break to play a game, if needed.
- 8) After finishing all the questions thank everyone and do something fun together!
- 9) Collect the assistants' copies of this document, checking that they have **filled in the front panel**, to say whether they were counting girls or boys, and in which community.

Part A: 'agree/disagree' questions

Explain that we will begin by asking how much they agree or disagree with some statements, the same as we just practised.

Say: "please be aware, just because I am reading the statements it does not mean that they are 'right' or that I agree with them. Also, there are no 'right' or 'wrong' answers: please just show how you feel about each one."

Remind everyone of how many fingers to show:

Strongly disagree 	Disagree 	Not sure 	Agree 	Strongly agree 
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Questions to read out	List of number of fingers shown e.g. 4 4 3 2 4 1 5 4 3 1 2
1. I can talk to my caregiver about anything.	
2. Adults need to use physical punishment (e.g. to hit children) to train children to behave.	
3. When a friend is upset or angry, it is best to ignore them.	
4. I believe in my dreams for my future.	
5. I do things to reach my dreams for my future.	
6. When things go wrong in my life, there's nothing I can do.	
7. If someone has HIV it's better that they don't know.	
8. I know about puberty and am ready for the changes it brings	
9. I like the staff at the health clinic.	
10. The staff at the clinic want to help me to be healthy.	
11. I feel I belong to my community.	
12. I have people I can rely on to help me.	
13. Girls should go to school as much as boys.	
14. Boys are better at making decisions than girls	
15. Attending these Stepping Stones with Children sessions will <u>not</u> make any difference to my life.	
16. I feel that the sessions have helped me.	
17. I feel that the sessions have helped my relationship with my caregiver	
18. I feel that the sessions took too much time	
19. I would recommend Stepping Stones with Children to other people	

Part B: 'how often' questions

Explain that we will now move on to 15 questions about how often things happen. Explain how many fingers to show for each level of frequency:

Never 	Rarely 	Sometimes 	Often 	Nearly always 
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Check that everyone has understood by using some examples, such as 'I look after my toys very carefully' or 'If I go out to play I get dirty'.

Questions to read out	List of number of fingers shown e.g. 4 4 3 2 4 1 5 4 3 1 2
20. My caregiver punishes me physically, e.g. hits me.	
21. When I behave badly my caregiver discusses what has happened with me.	
22. My caregiver treats me with respect.	
23. I treat my caregiver with respect.	
24. My caregiver shows their love for me.	
25. My caregiver says positive things to me.	
26. If something is worrying me, I talk to my caregiver about it.	
27. I feel good about myself.	
28. Do you go to school?	
29. How often have you been unwell during the last 2 months?	
30. I feel safe in the house where I live.	
31. I feel safe in my school.	
<i>Ask children who do not go to school to keep their hand down, and record here how many do this</i>	
32. I feel safe in my community.	
33. I get bullied by other children.	
34. I get support from people who are not in my family.	
35. I learned new things in the Stepping Stones with Children sessions.	
36. The sessions were useful to me.	
37. I have talked about the sessions with people who didn't come to them.	

Part C: 'out of 5' questions

Finally we have 4 questions where we ask you to rate something by giving a score from 1 to 5:

1 is very negative 	2 is negative 	3 is OK 	4 is positive 	5 is very positive 
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Check that everyone has understood by giving an example, such as 'Out of 5, how do you rate the last meal you had?' or 'Out of 5, what score do you give today's weather?'

Questions to read out	List of number of fingers shown e.g. 4 4 3 2 4 1 5 4 3 1 2
38. Out of 5, how well does your caregiver listen to you?	
39. Out of 5, how do you rate your relationship with your care giver?	
40. Out of 5, how happy do you generally feel?	
41. Out of 5, how much influence do you think you have on your own life?	
42. Out of 5, how safe would you feel if you were living with someone with HIV?	
43. Out of 5, how well do you usually manage taking medicine?	

Part E: additional questions

(note, the 5-8 year olds do not have Part D questions)

Explain that we are going to repeat 2 questions that we asked during the earlier sessions.

Say *“Do you remember the session about physical punishment and positive discipline? Physical punishment involves hitting, slapping, beating and other methods to hurt someone. When I ask the question please hold up your fingers to show how many times you have been physically punished by your caregiver in the last week. If the number is more than 10 then show all your fingers and thumbs and cross your hands over. If you have not been physically punished by your caregiver in the past week leave your hands in your lap.”*

Question to read out	List of number of fingers shown e.g. 4 0 3 2 10+ 1 5 4
44. How many times has your caregiver physically punished you in the past week?	

Say *“Our last question is about taking medicines correctly over the last 7 days. To answer it please show up to 7 fingers. If you do not take any medicine regularly keep your hands in your lap.”*

Question to read out	List of number of fingers shown e.g. 0 4 7 3 6 2 0 1 5
45. If you have medicine to take every day, how many days out of the last seven did you take your medicine in the correct amount and at the times you are instructed to take it?	

That is the end of the questionnaire! THANK everyone for doing it, and ask if anyone has any questions for you.