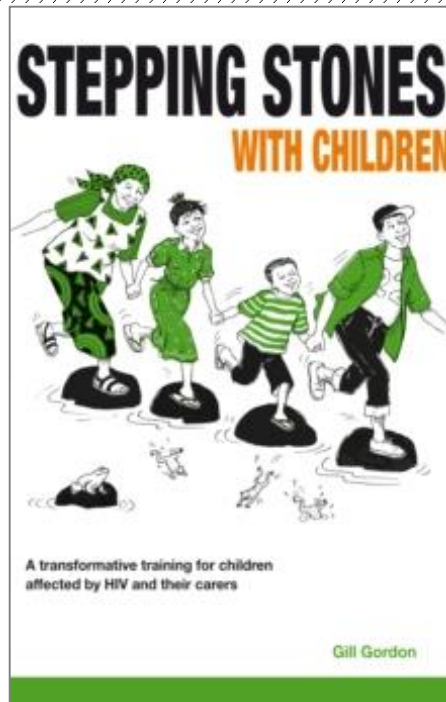


## Handouts for *Stepping Stones with Children*



This *Handout for Stepping Stones with Children* is to be used with the *Stepping Stones with Children* training manual published by Practical Action Publishing, 2016.

You can download this handout for free for use with this training manual from the [www.stepsstonesfeedback.org](http://www.stepsstonesfeedback.org) website.

On this website there are also many other resources to support you with this training manual and the original *Stepping Stones* training manual.

*Stepping Stones* and *Stepping Stones Plus* as well as *Stepping Stones with Children* are both programmes created and supported by Salamander Trust, [www.salamandertrust.net](http://www.salamandertrust.net)

*Stepping Stones with Children* was created by Salamander Trust with PASADA. It was funded by Comic Relief.

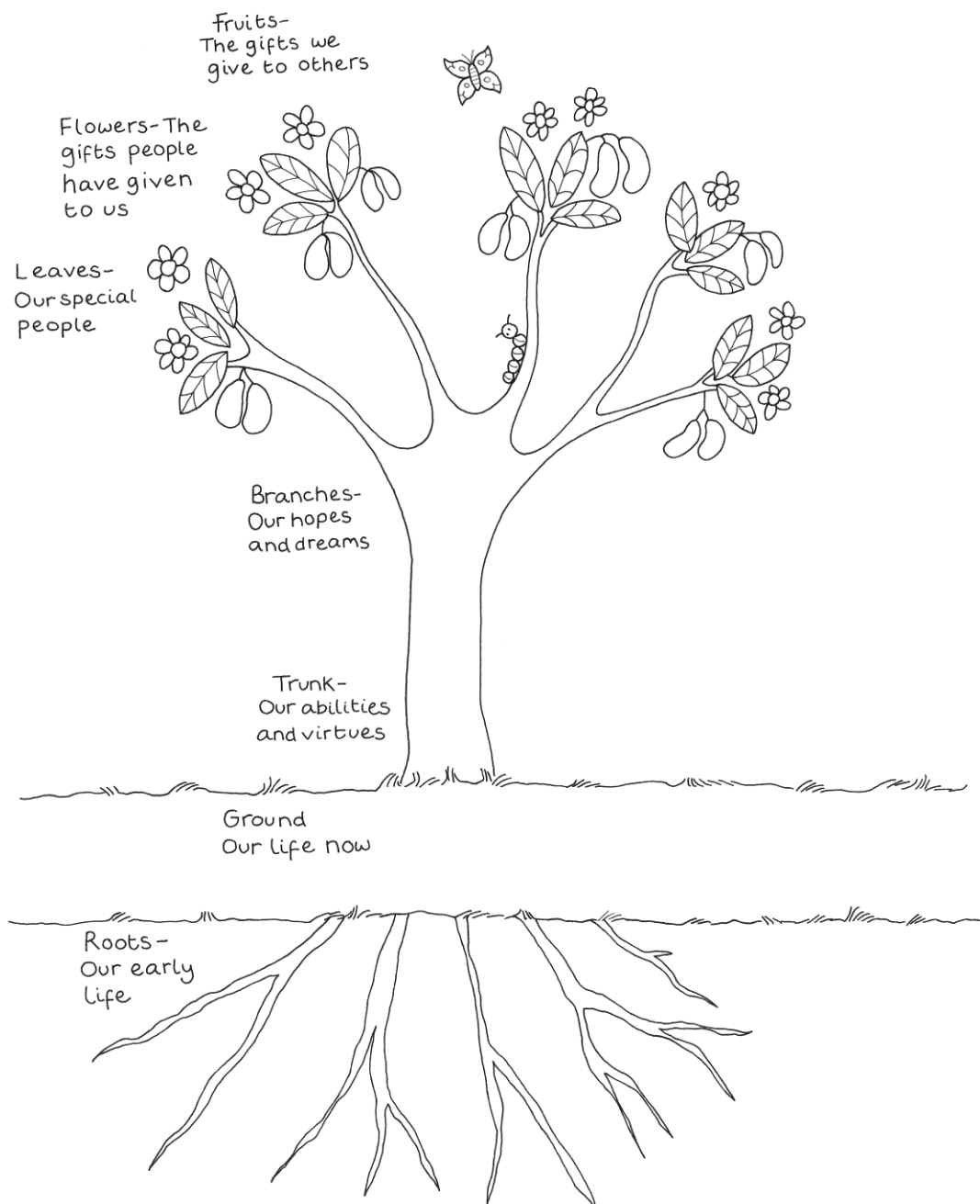
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## THE TREE OF LIFE

Look at your tree of life from time to time and think about what is happening now. Add drawings and words to it if you want to.

You can help others to make a strong, beautiful tree to tell the story of their lives. Support them to think about their past history, their lives now, their dreams for the future and people who have supported them.



<b>Part of tree</b>	<b>Parts of life</b>	<b>Questions – draw or write your answers on the tree</b>
Roots	Your history	Where do you come from? What is your family name? Where did your ancestors come from?
Ground	Your life now	Who do you love? Who do you live with now? What do you do every day? What is your favourite place at home?
Trunk	Your abilities (e.g. sports, maths, kindness, courage)	What are you good at and proud of? What do other people say you are good at?
Branches	Your dreams and wishes	What are your hopes, dreams and wishes?
Leaves	People who are important to you (alive or dead)	Who is important to you in your life?
Fruits	Gifts that others have given to you (material and non-material ie: love)	What gifts have you received in your life?
Flowers	Gifts you have given to others (material and non-material)	What gifts have you given to people who are important in your life?